

**PAEDIATRIC & ADULT LIFE SUPPORT FOR ALLIED
and COMMUNITY HEALTH RESCUERS**

D

Check for **DANGER** - Hazards / Risks /
Safety



R

Assess for **RESPONSE**



S

SEND (or call) for **HELP**



A

Open and Clear **AIRWAY** – Head tilt / chin lift,
Jaw Thrust



B

Assess **BREATHING** – Look / Listen / Feel
If unresponsive and not breathing normally
GIVE 2 RESCUE BREATHS
If adult patient – continue to “C”



C

Commence **CPR** if:
the patient is unresponsive and not
breathing normally.

Compression: Ventilation ratio 15:2
Compression Rate: 100-120 /min
Compressions depth: 1/3 of the chest wall
Hand Position: lower half sternum
Adult compression : ventilation ration 30:2



D

Attach **AED**